
Leader Guide

"And the things that you have heard from me among many witnesses, commit these to faithful men who will be able to teach others also." - 2 Timothy 2:2, NKJV

Directed Discovery:

- The discipleship process used in our material is one of directed discovery as noted in the subtitle of the grey booklet. The Holy Spirit is already at work in the lives of those we are discipling. Our goal is to use this simple framework to draw out what He is doing and help them grow and mature in Christ through the knowledge of and obedience to God's Word. *"The purpose in a man's heart is like deep water, but a man of understanding will draw it out." - Prov 20:5, ESV*

Three Booklets / The Field Guide Series:

- The grey book is the main resource needed for our discipleship training program. It covers the fundamental practices of our Christian faith and the major topics one needs to know Christ, grow in their faith, and go make disciples. By defining each key principle, it answers the "what is it" question of the "GO" section (see page 5 in grey booklet). When completed, one can use it as a personal textbook to teach others how to follow Jesus.
- *Resource One*: The blue book provides each disciple with the best 20+ quotes and 20+ Bible verses for each key principle taught. It is to be used as a "Cliff Notes" resource to dive deeper into the fundamental practices of the Christian faith without having to read an entire book or chapter on each subject. It answers the "why is it important" question of the "GO" section (see page 5 in grey booklet).
- *Resource Two*: The green book is a compilation of tools, methods, trainings and ideas for your disciples to learn quickly and easily apply each lesson in their lives. It answers the "how to" question of the "GO" section (see page 5 in grey booklet). It also includes reference articles, videos, apps and book lists for further study.
- Finally, each booklet (along with all of the "how to" 1-pagers) are downloadable on our website to use for yourself and share with others. You can find them at: <https://kingdomfocuscoaching.com/training-materials>

Start Here:

- Read pages 1-17 and then familiarize yourself with the rhythm of journal entries on pages 18-39.
- Do ear pages 5 and 16.
 - Page 5 gives you the step-by-step plan to follow each week of the discipleship process. It also contains an infographic of the 3-part discipleship process [KNOW - GROW - GO] so you can have a clear picture of the overarching plan. **Note:** The definitions of each practice and principle are found on pages 9 and 40.
 - Page 16 is the 5 Question Method of discipleship that will be used throughout the training.

WEEK 1 [KNOW]: Begin with the commitments on page 43.

- Cover the importance of Sound Doctrine especially for duplicating disciples (pages 6-8, 18-19). If there are any concerns or if they are a new believer, you might want to invest a few weeks talking through each doctrine to get clarity before moving forward. Use either their church's statement of faith (if it's a healthy Bible-based church) or ours at <https://kingdomfocuscoaching.com/faith>
- Briefly cover the importance of Making Disciples. This will be taught in detail during week 7.
- Help (and motivate) them to set Gospel Goals.

WEEK 2 [KNOW]: Walk with them through the Spiritual Survey (pages 9-12).

- The first question is a "head knowledge" question about their confidence level in applying each spiritual discipline. The second is a "heart" question about their consistency in practicing the disciplines.
- Break down each question into it's important parts i.e., *talk to, listen to, fellowship with God*.
- Remember, a "10" answer is reserved for when they feel confident in their ability to teach the topic.



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“Him [Jesus] we proclaim, warning everyone and teaching everyone with all wisdom, that we may present everyone mature in Christ. For this I toil, struggling with all his energy that he powerfully works within me.”- Colossians 1:28-29, ESV

Start Here Cont'd:

WEEKS 3-5 [GROW]: Begin practicing the 5 Questions (pages 13-16).

- The five questions are the focal point of the training and are meant to be used regularly for personal growth and with groups. One never graduates from implementing these five practices in their walks with Christ; they are foundational to a mature and fruitful faith.
- Pay attention to the nuances in the wording of each question. There are many teachable moments for leaders who listen well. Listen for what's not being said, non-verbal communication, etc. Note: The questions are not designed as a checkbox questionnaire to be completed each week but rather a launchpad to dive deeper into areas of needed growth and maturity. If your disciple didn't complete the material, for example, a simple (and non-judgmental) "why not?" is often the most important question you could ask. This one question can uncover stress in their life, sins they are struggling with, and most often a lack of priorities or wrong ones.
- Understanding the Holy Spirit (page 17): *It's been said "we are powerless until the Holy Spirit empowers us"* (see Jn 15:5). During weeks 3-5 it is important for your disciples to understand the Holy Spirit's role in our lives as Christ followers. How He illuminates Scripture, guides us in truth, and quickens our spirit.

WEEKS 6-14 [GO]: Talk through each topic in the booklet and their journal entries.

- The weekly pattern of journaling through the core competencies of our faith and answering: a. What the competency is, b. Why it's important, c. Why don't we do it, and d. How do we practice it is a method everyone can use to teach any Biblical concept.
- Don't skip over the QR codes found in the green booklet or the resource section of the journal on pages 70-75. Adding in other resources like books to read, articles, videos, podcasts, apps, etc., builds a strong theological foundation for those you are discipling and supplement with your own resources that have encouraged your walk with Christ.
- Homework: It is valuable to text or email your guys their "homework" each week for clarity and consistency. This also brings in healthy accountability, so they can continue to make progress through the material. Even when they switch from practicing the 5 Questions to journaling through the practices, they should continue meditating on a Bible verse each week that corresponds with the topic they are learning. They can find Bible verses in the blue book for each topic. It's important for them to choose their own memory verse because people tend to support what they help to create, even in the discipleship process.
- If time allows, using a version of question 3 (of the 5 Questions) is a good way to continue the process of directed discovery during weeks 6-14. For example, after finishing the weekly lesson I might ask, "What else has the Lord been doing in your life the past week?" This one question helps people stay focused on listening and obeying God's voice regularly.

WEEKS 15-16: Practice, Drill, Rehearse, and Review.

- This discipleship training is designed to give people the tools, training, and confidence they need to make disciples. The last two weeks are designed to practice the 5 Questions again after learning the material and shore up any areas of uncertainty and hesitancy. Invest the time needed to build in the last bit of confidence in your disciples. **Note:** Jesus sent His disciples out two by two (Mk 6:7). Sending your people out in pairs to make disciples is a perfect way to deploy your disciples with confidence and courage.

